

WBNC LIST OF PROCEDURES -First Year Revised GNM Syllabus 2015

1. Hand Rub
2. Hand washing - Medical & Surgical
3. Preparation of lotion
4. Preparation of Bleaching/Hypochlorite Solution
5. Cleaning & care of Articles - Glass, Rubber, Steel, Enamel, Syringe, needles.
6. Personal protective equipment wearing - Gloves, Mask, Apron, Goggles.
7. Decontamination of unit & equipment
8. Preparation of Open Bed
9. Close Bed
10. Admission Bed
11. Operation Bed
12. Occupied Bed
13. Amputation Bed
14. Cardiac including Fowler's Bed
15. Disinfection of Bed & Unit
16. History Taking Physical Assessment - Inspection, Palpation, Percussion & Auscultation
17. Vital Signs recording, TPR
18. Measuring B.P.
19. Nursing Care Plan- Nursing Diagnosis, problem list, Prioritization of needs, Goals, expected outcome, intervention.
20. Oral hygiene- routine & special Mouth care
21. Bed Bath including nail care
22. Back care
23. Care of pressure areas
24. Hair wash -Routine
25. Pediculosis treatment
26. Positioning- recumbent, lateral, Fowler's, Sims, Prone, Lithotomy, Trendelenburg
27. Range of Motions exercise
28. Assist patient in moving, lifting, Transferring walking
29. Changing position in helpless clients.
30. Use of Restraints
31. Use of comfort devices: Air Cushions, water mattress, Air mattress, foot board, cardiac Table, extra pillows, Back rest, cotton rings, bed cradles, water bags, sand bags & Trochanter rolls.
32. Feeding — Oral

33. Gastrostomy
34. Ryle's tube insertion & Nasogastric feeding
35. Perineal care
36. Catheterization
37. Care of drainage tube
38. Insertion of flatus tube
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39. Bowel wash
40. Enema Practoclysis
41. Insertion of suppository
42. Oxygen Inhalation through & catheter 43. Collection of Specimen -Urine
44. Stool
45. Sputum
46. Collection e specimen blood and sending to pathology
47. Urine- Sugar (with strix)
48. Albumin,
49. Acetone with Urostix
50. Blood-sugar with Glucometer
51. Hot water Bag
52. Sitz bath
53. Hand & food bath
54. Steam Inhalation
55. Ice cap &
56. Cold pack
57. Tepid sponge
58. Surgical dressing - Care of the wound 59. Application of splints
60. Oral & sub-lingual Medication
61. Parenteral-intradermal,
62. Subcutaneous,
63. Intra-muscular
64. Assist with Intra-venous Medication
65. CPR use manikin by CAB
66. Stripping of Bed
67. Caring & packing of dead body